Whole U Beginning Knitting Class
March 25, 2021

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We will be using a dishcloth pattern as your sample starter project to orient you to the basics of knitting technique and reading knitting patterns. Dishcloths and washcloths are usually knit in a plant-based fiber (such as 100% cotton), rather than wool, so they can be washed in the washing machine. We recommend using a 100% cotton yarn for this project, if possible. However, if you just want to practice knitting and it does not matter to you, you can substitute any worsted weight yarn (a 3 or 4 if your yarn weight is listed by number on the label).

Pattern name: “Dishcloth ~ St st with Garter border”
Designed by: Joan Laws / Laws Of Knitting
Designer website: https://lawsofknitting.com/

We downloaded this FREE pattern via www.ravelry.com. We encourage you to create a free account on this website and explore the extensive pattern database. We guarantee you will be inspired, and perhaps a little bit intimidated. That’s OK!

Materials list for the dishcloth pattern:

1. Knitting Needles = Size 5 / 3.75 mm
   a. You can use a different size needle, but it will affect the size/density of the fabric
   b. You will have a choice of classic straight needles or circular needles which are attached by a cord. You can use either one for this project. Many knitters find that the circular needles are easier to use. Consider using wood needles for your first project. They are not as “slippery” as metal needles.
2. Yarn = Lily Sugar’n Cream; 100% cotton (or any worsted weight cotton yarn – a 3 or 4 if your yarn weight is listed by number on the label)
3. Scissors (to cut the yarn, eventually)
4. Tapestry needle to weave in ends

Optional materials / resources

1. Vogue Knitting Quick Reference book (or something similar)
2. I Can’t Believe I’m Knitting by Leisure Arts

Where to buy your materials:

We strongly encourage you to buy your materials from a Local Yarn Shop (LYS) rather than a big box craft store, if that’s an option for you. Not only will it help support local small businesses, but they are almost guaranteed to be excited to help you find what you need to start your first project. If they don’t have the exact yarn for the dishcloth, they will help you find an equivalent and the appropriate needles.

This website has a helpful list of LYS's in WA state: https://www.lystour.com/participating-shops-2020-1
Note: Many Local Yarn Shops have adjusted their hours or switched to appointment-only or online shopping during the pandemic. Please be sure to check their website or call ahead.
Dishcloth ~ St st with Garter Border

MEASURES: 8"(20cm) x 8"(20cm).

MATERIALS:
Yarn: Lily/Sugar’n Cream; 100% cotton. 70.9g/2.5 oz.
Color: Fiesta – 1 skein.
Size 5 (3.75mm) knitting needles – or size needed to get gauge.
GAUGE: 18 sts/4"(10cm).

PATTERN

CO 36 stitches.
Knit 5 rows.

Row 2(RS): Knit.
Repeat rows 1 & 2 until piece measures 8"(20cm) from CO edge ending with a RS row.

Knit 5 rows.
BO, weave in ends and block.

KEY
CO– cast on
BO– bind off
K– knit
P– purl
WS– wrong side
RS– right side

● PLEASE DO NOT COPY, SHARE, ADJUST OR RESELL MY KNITTING PATTERN. After you purchase the pattern I have no problem with you knitting it up and selling the finished dishcloth. ©2013 Laws Of Knitting