UWMC CARE4U invites you to

A VIRTUAL NURSES WEEK WELL-BEING EVENT

FEATURING INTERNATIONALLY RENOWNED INSPIRATIONAL SPEAKER

SEKOU ANDREWS!

Continue the day of well-being engaging with amazing topics...

Let's Get Approachable! Yoga and Mindfulness at the Bedside
Finding Meaning Post COVID-19
How do we Find a Path to Thriving?
What's Grief Got to do with it?
Peer Support Changed Me: A Panel Discussion
How to Make a New Friend: Self Kindness

REGISTER TODAY!
MAY 12TH
11AM-6PM