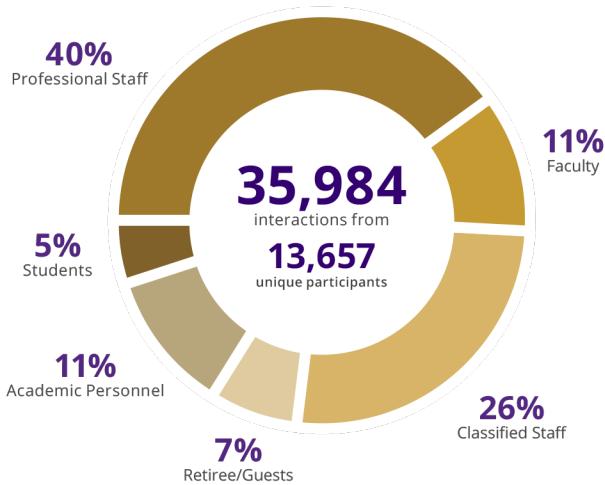


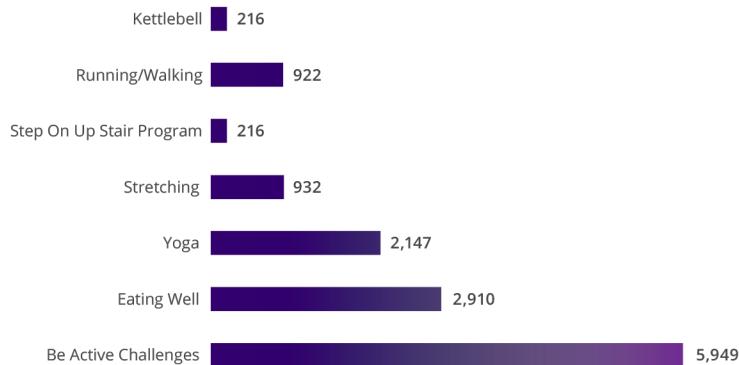
# BY THE NUMBERS

## Participants



## Virtual Training

Total Participation **13,292**



## 5 Most Engaged Organizations/Groups



## Community Enhancers

\*event held on all three campuses

Guinness World Record  
Exercise Ball Class (*attempt*)\*

**870**

Participants

National Nutrition  
Month\*  
**3,064**

Participants

UW Free  
Photo Day\*

**2,210**

Participants

Summer Fitness  
Challenge\*

**260**

Teams

## Pillar Breakdown

### BEING ACTIVE

**35** Articles   **79** Events   **12** Social Groups

### EATING WELL

**22** Articles   **14** Events   **1** Social Group

### ENGAGING INTERESTS

**45** Articles   **28** Events   **6** Social Groups

### LIFE EVENTS & CHANGES

**8** Articles   **9** Events   **2** Social Groups

### STAYING HEALTHY

**17** Articles   **23** Events

### VOLUNTEERISM

**16** Articles   **7** Events

Does not include partner events co-promoted by The Whole U or activities only promoted to members of a social group under The Whole U umbrella.

## Faculty Spotlight

**32** Faculty Friday Articles   **20,429** Page Views

## The Whole U Discount Network

**279** Discounts in 2015   **70,299** Discount network visits

## Website Stats



**488,223**  
Page Views

**190,449**  
Users

Ovations  
Talent Showcase

**1,260**

Participants

Scavenger Hunt\*

**750**

Participants

Whole U at  
Husky Athletic Events

**2,590**

Participants

Yoga Month\*

**2,147**

Participants