



Friday, April 3 | Noon–12:45 p.m.

Take a 45-minute break to enjoy the simple pleasure of walking while learning something new.

WALK LEADERS AND MEETING LOCATIONS:

- **UW Seattle:** UW Sustainability
Meet on the north side of Drumheller Fountain
- **UW Bothell:** Tyson Kemper, grounds supervisor
Meet at the bronze W at the Promenade
- **UW Tacoma:** Tim Bostelle, UW Tacoma walking group
Meet at Prairie Line Trail just below Metro Coffee
- **Harborview:** Laura Houston, Chi Walking Instructor
Meet in front of Research and Training Building

► **Register:** bit.ly/UWWalkatWork



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To request disability accommodation contact the Disability Services Office at least ten days in advance: 206.543.6450/V, 206.543.6452/TTY, 206.685.7264 (FAX), or email at dso@u.washington.edu.