

THE FACES AND VOICES

OF THE WHOLE U

2015

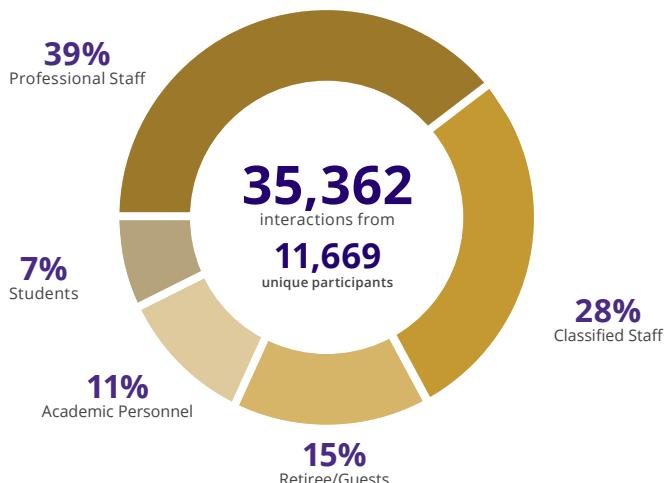


BOUNDLESS COMMUNITY

Connecting our faculty and staff to each other and to our greater institution

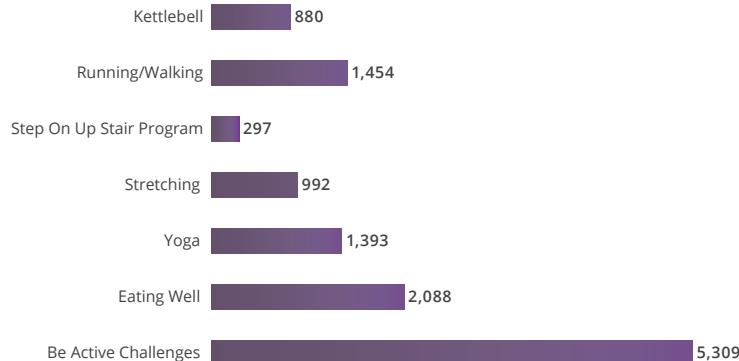
BY THE NUMBERS

Participants



Virtual Training

Total Participation **12,413**



5 Most Engaged Organizations/Groups



Community Enhancers

*event held on all three campuses

Guinness World Record
Umbrella Dance (attempt)*

2,185

Participants

Stress Less Holiday
Challenge*

927

Participants

UW Free
Photo Day*

2,351

Participants

Summer Fitness
Challenge*

1,609

Participants

Pillar Breakdown

BEING ACTIVE

47 Articles **83** Events **12** Social Groups

EATING WELL

34 Articles **21** Events **1** Social Group

ENGAGING INTERESTS

70 Articles **29** Events **5** Social Groups

LIFE EVENTS & CHANGES

23 Articles **11** Events **2** Social Groups

STAYING HEALTHY

30 Articles **17** Events

VOLUNTEERISM

25 Articles **11** Events

Does not include partner events co-promoted by The Whole U or activities only promoted to members of a social group under The Whole U umbrella.

Faculty Spotlight

36 Faculty Friday Articles **20,429** Page Views

The Whole U Discount Network

251 Discounts in 2015 **60,394** Discount network visits

Website Stats



503,845 Page Views

190,449 Users

Ovations
Talent Showcase

1,230

Participants

Scavenger Hunt*

927

Participants

Whole U at
Husky Athletic Events

2,217

Participants

Yoga Month*

1,096

Participants

WHAT PEOPLE ARE SAYING

PROGRAM COMMENTS

"I COULD NOT BE MORE PROUD TO SUPPORT SOMETHING SO VERY IMPORTANT."

Norman J. Beauchamp, Jr.
MD MHS
Professor
Chair of Faculty Senate

"Very fun and impressive array of options. Thanks for your continuous effort on behalf of UW employees."

Connie Kravas
Vice President for University Advancement

"Can I just say how much I have enjoyed each and every Whole U event I've attended? All have been interesting and relevant and I am so appreciative of all you do for the UW community."

Jenny L. Williamson
Grant Project Director
School of Nursing

"I'm brand new to the Seattle area. I didn't have any family or friends when I moved up here, so getting ingrained in the UW culture from the get-go was really important to me. The Whole U has helped quite a bit with that."

Cole DeForest
Assistant Professor
Chemical Engineering

"This was a very needed program and has made me more excited about working for the U."

Stephanie McCarthy
Finance Liaison Analyst
UW Educational Outreach

"It's a good morale booster for employees to feel like your employer puts time and resources into your well-being."

Goldie Pontrelli
Program Operations Specialist
Psychiatry & Behavioral Sciences

FACULTY FRIDAY

"It's fun to be part of things like that; it's so easy to get stuck in our little corners of campus!"

Kathryn Rogers Merlino
Assistant Professor, Architecture

"Nice piece. Huge thanks."

David Shields
Professor, English

"Thanks for asking me to do this. It's great exposure."

Lauren Hartzell Nichols
Lecturer, Philosophy

ZUMBA

"It's a great way for coworkers to spend time together and get some fitness done at the same time."

Vibha Sharma
Patient Care Coordinator
Otolaryngology

PARENTING SEMINAR WITH DR. JANA MOHR LONE

"The talk was great, I really enjoyed it!"

Clay Wilson
Affiliate Professor of Law

MEALS IN A JAR

"I wanted to thank you for collaborating, planning, and providing today's extraordinary event in our plaza café conference rooms. From a health and wellness perspective, it was invigorating to see so many people signed up. Thank you for having this event at UWMC...What a wonderful event for The Whole U while at the same time a program that fits well into our health and wellness initiative."

Charles Zielinski, MHSA
Director of Food and Nutrition

UW FREE PHOTO DAY

"This is a wonderful gift to the community that even extends to our families. It's a great way to promote the University...These pictures will be pushed out on Facebook and hung on walls where people will see the UW in abundance."

Nina Hanlon
Office Manager, School of Law

OVATIONS

"Once again, it was a great showcase for the huge amount of talent the UW has."

Robert Brown
Director of Compliance
School of Dentistry

THE WHOLE U TIMELINE

A selection of our 172 events in 2015

