# Tools for Information, Work, and Time Management

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#### Time

| Tool or Link   | URL                                      | What it offers        |
|----------------|------------------------------------------|-----------------------|
| Be focused pro | https://apps.apple.com/us/app/be-focus   | Pomodoro style timer, |
|                | ed-pro-focus-timer/id953426154           | reporting             |
| Pomodoro       | https://francescocirillo.com/products/po | Pomodoro style timer  |
|                | modoro-timer-web-app                     |                       |
| Forest         | https://www.forestapp.cc/                | Pomodoro style timer, |
|                |                                          | block websites,       |
|                |                                          | gamification          |

#### Work

| Tool or Link             | URL                                                                                                                     | What it offers                                                                |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| Outlook folders          | https://support.microsoft.com/en-us/off<br>ice/organize-email-by-using-folders-061<br>6c259-4bc1-4f35-807d-61eb59ac79c1 | Tool for organizing email                                                     |
| Outlook rules            | https://support.microsoft.com/en-us/off<br>ice/set-up-rules-in-outlook-75ab719a-2c<br>e8-49a7-a214-6d62b67cbd41         | Tool for controlling what comes to your inbox                                 |
| Email<br>Management Tips | https://www.self.com/story/email-mana<br>gement-tips                                                                    | List of possible<br>techniques, Gmail<br>centric, but many good<br>strategies |
| Records                  | https://finance.uw.edu/recmgt/email#s                                                                                   | UW recommendations                                                            |
| management               | ec4                                                                                                                     | for handling email                                                            |
| Todoist                  | https://todoist.com/                                                                                                    | Powerful task manager                                                         |
| Remember the<br>Milk     | https://www.rememberthemilk.com/                                                                                        | Powerful task manager                                                         |
| Trello                   | https://trello.com/                                                                                                     | Powerful task manager organized in a Kanban board                             |
| Microsoft To Do          | https://todo.microsoft.com/tasks/                                                                                       | Task manager integrated into                                                  |

|  | Outlook; formerly |
|--|-------------------|
|  | Wunderlist        |

## Information

| Tool or Link | URL                           | What it offers           |
|--------------|-------------------------------|--------------------------|
| Evernote     | https://evernote.com/         | Tool to organize your    |
|              |                               | notes and files, search  |
|              |                               | across images and text   |
| Onenote      | https://www.onenote.com       | Notes tool integrated    |
|              |                               | with Outlook, search     |
|              |                               | across images and text   |
| Instapaper   | https://www.instapaper.com    | Tool to capture text for |
|              |                               | future reading           |
| Pocket       | https://getpocket.com/        | Social tool to capture   |
|              |                               | text for future reading  |
| Zotero       | https://www.zotero.org/       | Tool to capture and      |
|              |                               | organize PDFs, creates   |
|              |                               | bibliographies           |
| Papership    | https://www.papershipapp.com/ | Tool to read Zotero      |
|              |                               | PDFs on iPad with        |
|              |                               | markup                   |

### Other

| To or Link         | URL                                | What it offers           |
|--------------------|------------------------------------|--------------------------|
| Last Pass          | https://www.lastpass.com/          | Password manager, UW     |
|                    |                                    | CISO approved            |
| 1Password          | https://1password.com/             | Password manager         |
| One Tab            | https://www.one-tab.com/           | Browser extension that   |
|                    |                                    | saves links for all open |
|                    |                                    | tabs                     |
| Momentum           | https://momentumdash.com/          | Browser extension for    |
|                    |                                    | a new tab that is        |
|                    |                                    | designed to minimize     |
|                    |                                    | distraction              |
| Simple Tab Group   | https://github.com/drive4ik/simple | Browser extension that   |
|                    | <u>-tab-groups</u>                 | enables you to organize  |
|                    |                                    | tabs into categories     |
| Pencil Planner Pro | https://pencilplanner.app/         | iPad and Apple Pencil    |
|                    |                                    | app, Integrates          |

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|         |                        | calendar and             |
|---------|------------------------|--------------------------|
|         |                        | handwritten notes        |
| Day One | https://dayoneapp.com/ | Journaling app, also can |
|         |                        | be used to organize      |
|         |                        | information              |

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