



po et ic voice, n.

A new type of speaker and artist who blends inspirational speaking with spoken word poetry.

UWMC CARE4U invites you to

A VIRTUAL NURSES WEEK WELL-BEING EVENT

FEATURING INTERNATIONALLY RENOWNED INSPIRATIONAL SPEAKER

SEKOU ANDREWS!

Continue the day of well-being engaging with amazing topics ...

Let's Get Approachable! Yoga and Mindfulness at the Bedside
Finding Meaning Post COVID-19
How do we Find a Path to Thriving?
What's Grief Got to do with it?

Peer Support Changed Me: A Panel Discussion

How to Make a New Friend: Self Kindness

